

### Thursday, September 28, 2023

## NEWS FROM The MFST



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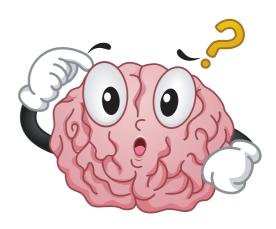
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We are officially in the swing of things here at school. Along with school inevitably there is the battle over the non-preferred activities and making a transition to them. Below there are two videos I found to be helpful and thought-provoking to support children through transitions with a greater degree of success.



## TRANSITIONS AND PREDICTABILITY



Video games/screen time and the prefrontal cortex

Timers to establish predictability



## COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer? Click the 'contact us' icon to submit your question or additional support you may need.





# NEWS FROM The MEST

Support Staff





The Hawks Nest and Student
Services Team works hard to ensure
every student can be as successful
as possible. We have put together
an Amazon Wish List of various
items that would help us better
support and serve all kids. If you are
interested in taking a look, we would
be extremely grateful for your
consideration.









